

TEACHINGS OF MICHAEL
Michael Message
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The Transition
Cleansing and Clearing Polarity and Duality

From the Archangelic Realm of Michael this is Michael and We welcome you at this wonderful and most glorious time as you are now moving through a period of cleansing and clearing. Each of you is now cleansing and clearing that which is old and blocking your progress and your pathway. You are beginning to clear and cleanse that which holds you in lack and limitation and struggling to survive life. You are moving into a place of neutralization. And doing this by looking at the pendulum swinging from the far right to the far left to now move into the center of your heart. The energetic impulses in your nervous system are equalizing in the depth of your heart moving you into neutrality.

You are looking at what is taking place and transpiring outside of in your third dimensional realm and seeing the old form. The old political forms, the old corporate form and seeing the extremes that lies there. And what you are also seeing within the old forms is the incongruity of life. So you now look within you to find the congruity of life. And in doing this you are clearing and cleansing the old from your physical beingness. You are beginning to move in a place of neutrality by seeing the extremes in life and by seeing the polarity and duality in life. You are looking at polarity and duality and the extremes of both in life and seeing if in fact that resonates for you.

So as you look outside of yourself and see the duality and polarity of life, the pendulum swinging from the far right to the far left, you see the polarity of life creating the duality of life. This is the life in your third dimensional realm. And what is taking place now is a clearing and cleansing of polarity and duality within you that will lead you to move into the center of your heart in neutrality. So We ask, where is polarity and duality in your life still existing? Where are you opposing what is transpiring outside of you? Or are you accepting it?

Yet the main question is, are you accepting right now where you are? If in fact where you are is seeing the polarity and duality within you can you see this reflected outside of you? Yet now that you have moved to a certain level of consciousness by moving through the process to discover and remember who you are and the essence of you and your talents and gifts as well and know what your purpose is in this lifetime, has your purpose been derailed slightly with polarity and duality? Is there polarity and duality in your spirituality? Do you look at others who are professing the word of spirituality and see polarity and

duality there?

So We come to you at this time to bring this to your attention. Where is there polarity and duality in your life? Where do you move to extremes in your life? Do you isolate, separate and segregate yourself from what no longer resonates for you? Are you moving into a cocoon in your life? When moving into expansion in your life then contract after that expansion, do you fully contract into the contraction? Or do you now move into the depth of your heart and accept what is transpiring and remain on course on the pathway into the unknown with your purpose intact. By knowing who you are, your talents and gifts, embodying both and knowing why you are here.

What is transpiring in the world is coming full force right at you now. And as We have said to you many times you will be tested on the new pathway as to where you are. So are you employing the tool of continually asking yourself, where am I in this moment? Where am I as to knowing who I am? Where is my sense of self? Where is my power within me? Am I looking outside of me and thinking that I am powerless. For this is the ploy with what is happening outside of you, to determine your powerlessness. Those outside of you, your mythical leaders are more powerful than you and will take you to the promise land. And this We have said to you many times.

It is now time to be in the process of cleansing and clearing the polarity and duality that still exists inside of you. The memories of that in certain aspects of your physical body are now cleansing and clearing as well. In doing this you will move to higher levels of consciousness to connect with the fifth dimensional realm in various forms so you can move out into the world with your message intact.

Where are you in the very moment? Where is the polarity and duality still existing within you? Can you now be where you are? So We ask you to take a brief respite during this cleansing and clearing period for seven to ten days. Your physical bodies will be cleansing and clearing during this period. Also take a good long look outside of you at the polarity and duality of your third dimensional realm. If you can, see a pot on your stove filled with water and the water has moved passed the simmering period and is now boiling. What you are now seeing outside of you in your world is the full fruition of polarity and duality and the truth of what is transpiring within that. You are also seeing the struggle to survive this as well. Dear ones, your ego mask will fight to the death to hold in place the old because this old represents your comfort zones. So what is happening during this cleansing and clearing process is your comfort zones are being disrupted. For some of you your comfort zone was being of your third dimensional realm. So We ask you, where are you still of that world? Where does the world of polarity and duality still resonate for you?

Where are you within the powerfulness of you? Do you still look outside of you

at the mythical mom and dad figures and say that they still have more power than you? Saying, they know more than me and I must follow them. Or are you moving to the place within you of powerfulness of who you are, of your talents and gifts knowing why you are here and seeing that if in fact you have chosen the path of the light worker, the way shower> If so it is then incumbent upon you to be this now. Thus being who you are and being the messenger of the message. Do you now see this? Are you shifting between realities, the new reality and the old reality? What is your new reality? Is the new reality the old reality in disguise? Thus the ego mask saying to you, are you sure you know who you are? Are you sure that you are powerful? Are you sure you know what your talents and gifts are? This may be where you are now in a questioning period as to where you are. Am I sure that this is the path? So We ask you to look at this during this cleansing and clearing process so you can move to the mount to be the messenger.

This time is also a recapitulation period. As you see the disruptiveness outside of you in the third dimensional realm does what is transpiring out there resonate for you where your message and your purpose is concerned? Is the message that you are relaying to those outside of you being disrupted with the old form intact within you of polarity? As you move out into the world with your message is it being affected by what you are seeing transpiring out there right now?

What will be coming to the surface within you during this cleansing and clearing process will disintegrate into the ethers. Look again at the pot of water on the stove as it moves past the simmering period into a full boil and vaporizes thus shifting its form. Water as it boils shifts its form into a higher state of energy and vaporizes into the world outside. In this cleansing and clearing period you are shifting your form. You are moving to a higher level of resonance and vibration that will transcend the lower levels of resonance and vibration transpiring in your third dimensional realm at this time. So We ask you to pay attention to this. Is what is transpiring outside of you raising your level of resonance and vibration? Or is it bringing you back into the lower denseness of energy to see it? And the question now is, are you a part of it?

When you hear the voices of separation outside of you it all comes back to you. It comes back to your personal process and how you relate to what is transpiring outside of you based upon your purpose. What transpires outside of you is a barometer; it is taking your temperature. It is merely an indication to you as to where you are with it. It is an individual process. What outside of you does affect you and where may it be conjuring up aspects of what you had believed? What is transpiring outside of you in the third dimension is conjuring up old beliefs. Yet most importantly how does it all make you feel. How does what is transpiring outside of you make you feel? See what is transpiring outside of you as you move along the pathway as the messenger and ask those who are being affected by what is transpiring in your world how does it make you feel? What

feelings surface within you in direct correlation to what is transpiring in your third dimensional realm? It is not about how and what will, might or could transpire for you have seen this to be a myth. It is about the feelings that emerge. Does what is transpiring in your third dimensional world affect you based upon the personal process you have moved through? It is now about getting in touch with the feelings that surface when seeing what is transpiring in your third dimensional realm. Be with the feelings for this will tell you and be your indication as to where you are in relation to being of your world. After feeling your feelings ask, do I want to change the old? Where am I still of that old? Is what is transpiring outside of me make sense to me where my truth is concerned?

As the light worker, the way shower and in creating the new soul family you will be creating a new world not changing the old one.

You are now in a clearing and cleansing process and it is a vital and most important time. You are now looking outside of you seeing the extreme polarity and duality and this is because you are ready to release this that exists energetically within you and in your physical body. The way in which to gauge this when looking outside of you is ask, how does this make me feel? It is most important to feel the feelings then state your needs and set your boundaries. Also look at who you are and the depth of that, your talents and gifts and the depth of those as well as your purpose. For some what is transpiring in your third dimensional realm can derail this based upon the fight of the defense and the ego mask to move out of your deep rooted comfort zones. What is transpiring outside of you in your third dimensional realm is asking you, are you still deeply entrenched in comfort zones?